

How To Apologize

“When you owe an apology, how do you go about it? Here are some links to interesting articles on that topic. (Accessed on March 10, 2019)

[Opinion | I Did a Terrible Thing. How Can I Apologize?](https://www.nytimes.com/2018/06/30/opinion/sunday/apologizing-apologies.html)

(<https://www.nytimes.com/2018/06/30/opinion/sunday/apologizing-apologies.html>)

<https://www.psychologytoday.com/us/blog/the-dance-connection/201409/the-9-rules-t-rue-apologies>

An important point is that the more hurtful the offense, the more important making amends becomes. There are many creative ways that amends can be made, and this can be worked out during the apology. These include making a donation in the offended person’s name, public or personal service, actions that re-mediate the offense, or yet other actions.”